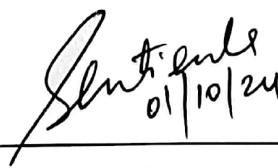


NOTICE

Department of Sociology
Skill-based Training at Seithogei Living School
Academic Year 2024-25 (Odd Semester)

This is to inform all Sociology Honours, 5th Semester students that the Department of Sociology, Holy Cross College, Agartala, will be organizing a Skill-based Training at Seithogei Living School on November 30, 2024. The skill-based training will include a wide range of related topics, including bamboo-based construction, permaculture & sustainable farming, vermicomposting, and holistic sustainability techniques. Mr. Richard Belho, an award-winning architect and social entrepreneur, who founded Seithogei Living School, will be the key resource person. This training will enhance students' awareness of sustainable living, allowing them to think critically and imaginatively about environmental solutions that benefit both society and nature.



01/10/24

Sentienla

Head, Department of Sociology
Holy Cross College, Agartala

HEAD
Department of Sociology,
HOLY CROSS COLLEGE, AGARTALA

REPORT ON SKILL-BASED TRAINING AT SEITHOGEI LIVING SCHOOL

Organized by the Department of Sociology, Holy Cross College

Date: November 30, 2024

As part of our ongoing efforts to provide hands-on, practical learning opportunities, a total of 15 students from the 5th semester and 4 faculty from the Department of Sociology visited Seithogei Living School, Kohima for a skill-based training session on November 30, 2024. Seithogei Living School, founded on Tertiary Education and Lateral Thinking concepts, aspires to instill in the future generation the values of adaptability, resilience, and sustainability. With the slogan "Purity of Thought and Action," the school takes a comprehensive approach to developing future habitats for mankind, stressing bamboo architecture, integrated organic farming, creative arts, livelihood development, and environmental restoration.

During our visit, Mr. Richard Belho, an award-winning architect and social entrepreneur, who founded Seithogei Living School, was the key resource person. Mr. Belho is the creator of Zynorique Initiatives, an architecture practice in Kohima, Nagaland. He has received the Bamboo Pioneer Award from the World Bamboo Organisation, the Naturenomics Award from the Balipara Foundation, and the Young Designer Award from Indian Architect and Builders Magazine. The skill-based training included a wide range of related topics, including bamboo-based construction, permaculture & sustainable farming, vermicomposting, and holistic sustainability techniques. Vermicomposting using earthworms to break down organic matter was the first topic covered in the comprehensive skill-based training program. Practical lessons gave hands-on experience in employing the earthworm to transform trash into treasure, with multiple benefits including replenishing depleted soils, decreasing discarded discards, and ecological advantages. Next, the speaker discussed sustainable land management and ecological balance, where he highlighted that **permaculture and sustainable farming** can result in long-term ecological balance and the critical role that responsible farming plays in improving community well-being. In addition, **bamboo architecture** showcased eco-friendly construction practices using bamboo as a sustainable building material, accompanied by discussions on design considerations that minimize environmental impact without compromising durability and aesthetics. Lastly, the focus on **holistic sustainability practices** illuminated Seithogei Living School's broader vision, which includes organic farming, music, creative arts, and livelihood

initiatives with remote communities, underscoring how lateral thinking and innovative strategies can effectively address the complex social and environmental challenges of our time.

The training at Seithogei Living School demonstrated how responsible architectural planning and environmentally friendly agricultural practices can promote resilient communities by combining theory and practice. Participants not only witnessed these concepts in action, but also participated in hands-on activities emphasising the significance of environmental responsibility. The event enhanced students' awareness of sustainable living, allowing them to think critically and imaginatively about environmental solutions that benefit both society and nature.



Ms. Septienla

Head, Department of Sociology

Holy Cross College, Agartala

HEAD
Department of Sociology,
HOLY CROSS COLLEGE, AGARTALA

GEO-TAGGED PHOTOS:





Kohima, Nagaland, India
Seithogei Living School, Kohima, 797002,
Nagaland, India
Lat 25.654689, Long 94.022111
30.11.24 10:18 AM GMT+05:30
Note : Captured by GPS Map Camera

Student's Attendance Sheet

Department of Sociology

Program: Skill-based training at Seithogei Living School (Kohima)
Date: 30/11/2024

Sl No.	Name	Semester	Department	College Roll No.
1	Jemika Debbarma	5 th	Sociology	164
2	Twisa Jamatia	5 th	Sociology	191
3	Shirley Reang	5 th	Sociology	185
4	Riya Debbarma	5 th	Sociology	181
5	Helley Debbarma	5 th	Sociology	162
6	Namsrala Debbarma	5 th	Sociology	192
7	Bitupul Sangma	5 th	Sociology	155
8	Kalimattluanga	5 th	Sociology	169
9	Jespalal Debbarma	5 th	Sociology	
10	Adar Mohan Jamatia	5 th	Sociology	151
11	Akash Rakshit Kalai	5 th	Sociology	153
12	Jerry Nelson	5 th	Sociology	165
13	Puilly Debbarma	5 th	Sociology	177
14	Helina Reang	5 th	Sociology	161
15	Ruma Debbarma	5 th	Sociology	184
16				
17				
18				
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20				

[Signature]
30/11/24
HEAD
Department of Sociology,
HOLY CROSS COLLEGE, AGARTALA

To
The Principal
Holy Cross College,
Agartala, Tripura

Sub: Request for Permission to organize Skill-Based Training at Seithogei Living School

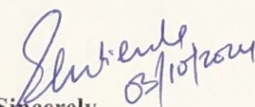
Respected Fr. Principal,

I am writing to request your permission to conduct a one-day skill-based training at Seithogei Living School on November 30, 2024. The skill-based training will cover various sustainability-related topics, including bamboo-based construction, permaculture & sustainable farming, vermicomposting, and holistic sustainability techniques.

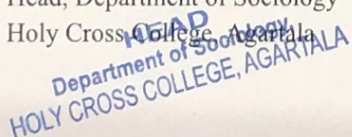
Through a blend of theory and hands-on activities, participants will explore how responsible architectural planning and eco-friendly agricultural practices foster resilient communities. They will also gain practical experience, promoting a deeper commitment to environmental responsibility. Moreover, the event aims to encourage students to think critically and creatively about sustainable solutions that benefit both society and nature.

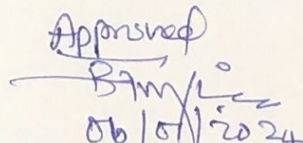
Mr. Richard Belho, an award-winning architect and social entrepreneur, will serve as the key resource person. Mr. Belho is the founder of Zynorique Initiatives, based in Kohima, Nagaland, and has been honored with the Bamboo Pioneer Award from the World Bamboo Organisation, the Naturenomics Award from the Balipara Foundation, and the Young Designer Award from Indian Architect and Builders Magazine.

I kindly request your approval to conduct this training, which I believe will greatly benefit the participants and help raise awareness about sustainable living practices. Thank you for your consideration, and I look forward to your favorable response.


Sincerely,
Sentienla

Head, Department of Sociology
Holy Cross College, Agartala


Department of Sociology
HOLY CROSS COLLEGE, AGARTALA


06/01/2024
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA