

Holy Cross College, Agartala

Department of Human Physiology

F.No.2:HCC/HP/Workshop/2025/04

Date: 13.10.2024

To

The Principal
Holy Cross College, Agartala
Jubatara, Lembuchhera-799210

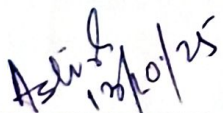
Rev. Father,

We are glad to inform you that the Department of Human Physiology in collaboration with Research Facilitation Team, HCCA intends to organize a 3 days' workshop on '**Research Methodology**' for undergraduate students from **28th Oct. to 30th October**. The resource person for the event will be **Dr. Amitava Sarma, Asst. Professor in ICFAI University and Dr. Pãha Das, College of Agriculture**. This event will be beneficial for UG and PG students/Research Scholars/Teachers. We are planned to invited some participants from other Colleges and Universities also. The workshop will be held on each above-mentioned dates after the lunch so that regular classes will not be hampered.

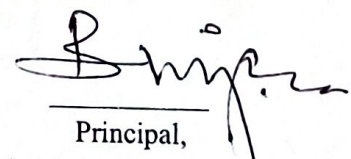
I hope you will grant us the permission to do the same.

Yours faithfully-

Approved by-


HoD, Human Physiology
Holy Cross College, Agartala

HEAD
Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA


Principal,
Holy Cross College, Agartala
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA


13/10/2025

Holy Cross College, Agartala

Department of Human Physiology

F.No.2:HCC/HP/Workshop/2025/

Date: 22.10.2025

To

The Principal
Holy Cross College, Agartala
Jubatara, Lembuchhera-799210

Subject: Request for Approval for 3-Day Workshop on Research Methodology.

Rev. Father,

We are glad to inform you that the Department of Human Physiology in collaboration with the Research Facilitation Team, HCCA, intends to organize a 3-day workshop on 'Research Methodology', scheduled to be held from 28th October to 30th October, 2025 in room G-8.

We are honoured to have two distinguished resource persons conducting the sessions:

1. Dr. Amitava Sharma, Assistant Professor, ICFAI University, Tripura.
2. Dr. Partha Das, College of Agriculture, Tripura.

To ensure the smooth execution of the workshop and to formally thank our esteemed resource persons, we kindly request your approval and necessary arrangements for the following:

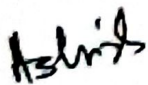
1. Remuneration: Approval for the remuneration of ₹1,000/- (Rupees One Thousand Only) for each of the two resource persons.
2. Refreshments: Arrangement for tea/light refreshments for the resource persons for the duration of the workshop.
3. Token of Appreciation: Provision of a scarf and a potted tree for each resource person as a thoughtful, green gesture from the institution.

We believe the workshop will significantly contribute to the research culture of the college.

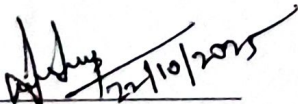
We look forward to your kind approval to proceed with the necessary arrangements.

Thanking you,

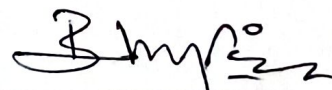
Approved by-



HoD, Human Physiology
Holy Cross College, Agartala



Dr. Sandeep Roy Sarkar
Asst. Professor of Human Physiology
& Convenor of the Workshop



Principal
Holy Cross College, Agartala
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA

Copy to-

The Vice Principal (Administration) for information.



HOLY CROSS COLLEGE

Agartala, Tripura West

3 DAYS WORKSHOP ON "RESEARCH METHODOLOGY"

Date: 28th Oct. to 30th October, 2025

Time: 01.30 pm to 03. 00 pm

Venue: Seminar Hall (G-8),HCC

Organized by

Department of Human Physiology

in collaboration with

Research Facilitation Team, HCCA



Dr. Amitava Sharma

Assistant Professor
ICFAI University, Tripura



Dr. Partha Das

Assistant Professor
College of Agriculture, Tripura

* Free Registration

* e-certificate will be provided to the participants

Contact : hod.hphy@hccagt.ac.in

Click Here

TO **REGISTER**

Organizing committee:

Dr. Sandeep Roy Sarkar (Convener)
Ms. Sudeshna Bhattacharya (Joint Convener)
Dr. Ashish K. Singh
Mr. Karan Chakraborty
Ms. Divya Saha
Mr. Udaydeep Majumdar



HOLY CROSS COLLEGE

ACCREDITED BY NAAC WITH 'A+' GRADE (CYCLE:2)

Tripura University Reg. Code: 17

Jubatara, P.O. Lembucherra, Tripura West Pin-799210

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email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

"Educating hearts and minds"

F.No.2:HCC/HP/Workshop/2025/

Date: 22.10.2025

To

Dr. Amitava Sharma

Assistant Professor

ICFAI University, Tripura

Subject: Invitation to Oblige as Resource Person for Workshop on Research Methodology on 28th October, 2025.

Dear Dr. Sharma,

We are writing to you on behalf of the **Department of Human Physiology in collaboration with the Research Facilitation Team, HCCA**. We are delighted to announce that we are organizing a crucial **3-day workshop on Research Methodology** aimed at enhancing the analytical and practical skills of students/scholars/teachers.

The workshop is scheduled to begin on **October 28th** and will run for three days. In line with the existing Memorandum of Understanding (MoU) between HCC and ICFAI University, your name was suggested due to your distinguished background and extensive expertise in research methodology, particularly within the academic environment.

We would be honoured if you could join us as a **Resource Person** for the session during this workshop on 28th. Your contribution would be instrumental in guiding the participants through key theoretical and practical aspects of research design.

We kindly request you to confirm your availability along with name of your topic for the session.

We sincerely hope you will accept our invitation. Your presence will be a source of great inspiration and knowledge for our students and faculty alike.

Thank you for your valuable time and consideration. We look forward to your positive response.

Sincerely,

HoD, Human Physiology
Holy Cross College, Agartala

Dr. Sandeep Roy Sarkar
Asst. Professor of Human Physiology
& Convener of the Workshop



HOLY CROSS COLLEGE

ACCREDITED BY NAAC WITH 'A+' GRADE (CYCLE:2)

Tripura University Reg. Code: 17

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email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

"Educating hearts and minds"

F.No.2:HCC/HP/Workshop/2025/

Date: 22.10.2025

To

Dr. Partha Das

College of Agriculture, Tripura

Subject: Invitation to Oblige as Resource Person for Workshop on Research Methodology on 29th October, 2025.

Dear Dr. Das,

We are writing to you on behalf of the **Department of Human Physiology in collaboration with the Research Facilitation Team, HCCA**. We are delighted to announce that we are organizing a crucial **3-day workshop on Research Methodology** aimed at enhancing the analytical and practical skills of students/scholars/teachers.

The workshop is scheduled to begin on October 28th and will run for three days. Your name was suggested due to your distinguished background and extensive expertise in research methodology, particularly within the academic environment.

We would be honoured if you could join us as a **Resource Person** for the session (**1.30 pm onwards**) during this workshop on 30th. Your contribution would be instrumental in guiding the participants through key theoretical and practical aspects of research design.

We kindly request you to confirm your availability along with name of your topic for the session.

We sincerely hope you will accept our invitation. Your presence will be a source of great inspiration and knowledge for our students and faculty alike.

Thank you for your valuable time and consideration. We look forward to your positive response.

Sincerely,

HoD, Human Physiology
Holy Cross College, Agartala

Dr. Sandeep Roy Sarkar
Asst. Professor of Human Physiology
& Convener of the Workshop

3 DAYS' WORKSHOP ON RESEARCH METHODOLOGY

Organized by-
Department of Human Physiology
in collaboration with **Research Facilitation Team, HCCA**
28th Oct. to 30th October
Venue: G-8, HCCA

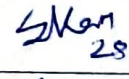
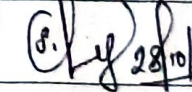
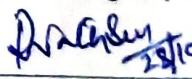
Programme Schedule

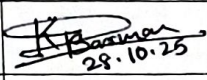
Day 1 (28.10.2025) Tuesday		
1	Inauguration of the programme Prayer song (Kairabi and group)	1.50 pm
2	Welcoming the resource person	1.55 pm
3	Technical Session-1 (Resource person: Dr. Amitava Sharma, Asst. Professor, ICFAI University, Tripura)	2 – 3 pm
Day 2 (29.10.2025) Wednesday		
1	Beginning of day 2	2.00 pm
2	Technical Session (Hands-on)-2 A (Resource person: Ms. Sudeshna Bhowmik, Asst. Professor, HCCA)	2.10 - 2.30 pm.
3	Technical Session (Hands-on)-2 B (Resource person: Dr. Sandeep Roy Sarkar, Asst. Professor, HCCA)	2.30 - 3.00 pm
Day 3 (30.10.2025) Thursday		
1	Beginning of day 3 Prayer song (Portia and group)	1.30 pm
2	Welcoming the resource person	1.35 pm
3	Technical Session-3	1.40-2.40 pm
4	Short Cultural Programme (i. Dance by Swastipa and Hiya ii. Dance by Betsy and group)	2.40-2.55 pm
5	Distribution of certificates	2.55 pm.
6	Vote of thanks	3 pm

3 DAYS' WORKSHOP ON RESEARCH METHODOLOGY

Organized by-
Department of Human Physiology
in collaboration with Research Facilitation Team, HCCA
28th Oct. to 30th October

Day - 1 Participant's list

Sl. No.	Name of participant	e-mail ID	Designation	Institute	Signature
1	Drisha Saha	drishasaha5@gmail.com	Assistant Professor visiting	Holy cross college	Drisha Saha
2	Kanak Chakrabarty	kanakchakrabarty@gmail.com	Assistant Professor	Holy Cross College, Agartala	 28/10/25
3	Sudeshna Bhattacharya	sudeshna08bhanu@gmail.in	Asst. Professor	Holy cross college	 28/10/25
4	Jui Das	naturedastdas123@gmail.com	student	ICFAI Univ.	Jui Das
5	Subhrajit D/Barma	debbarmansubhrajit@gmail.com	student	ICFAI Univ.	subhrajit Debbarma.
6	Bidipta Banik	bidipta banik 43@gmail.com	Student	College of Agriculture	Bidipta Banik
7	Ambalika Singh Roy	ambalikasinghroy@gmail.com	Student	College of Agriculture	Ambalika Singh Roy
8	Sneekupika Roy	sneekupikaroy@gmail.com	Student	Holy cross college	Sneekupika Roy.
9	Sreyshi Purkayastha	sreyshipurkayastha@gmail.com	Student	Holy cross college	Sreyshi Purkayastha
10	Anisha Debbarma	anishadebbarma772@gmail.com	Student	Holy cross college	Anisha Debbarma
11	Postia Roychowdhury	roychowdhurypostia1@gmail.com	student	Holy cross college	Postia
12	Purba Roy	ideypurba01@gmail.com	student	Holy cross college	Purba Roy.
13	Piyashi Das	piyashi03@gmail.com	Asst. Professor	Holy Cross College	Piyashi Das 28/10/25
14	Dr. Sharmistha Chakrabarty	Sharmistha01@hccagf.co.in	Asst. Professor	Holy Cross college	 28-10-2025
15	Dr. Arnab Bhattacharya	abtask7@gmail.com	Asst. Professor	Holy Cross College	 28/10/25
16	Dr. Somnath Kan	somnathkan21@gmail.com	Asst Professor	Holy Cross college	 28/10/25
17	Lapas Kumar Sharma	lapassharma.tks69@gmail.com	Asst. Professor	Holy Cross College	 28/10/25
18	Dr. Sangita Chakrabarty	Sangita.c05@rediffmail.com	Asst. Professor	Holy Cross College	 28/10/25
19	Dr. Runki Nath Sen	runkinath@hccagf.in	Asst. Professor	Holy Cross college	 28/10/25

Sl. No.	Name of participant	e-mail ID	Designation	Institute	Signature
20	Kairabi Debbarman	kairabi06@gmail.com	Student	Holy cross college, Agantala	 28.10.25
21	Maitheli Debbarth	maithelidebbarth2006@gmail.com	Student	Holy Cross College Agantala	Maitheli Debbarth 28.10.25
22	Suradipa Sthi	Suradipasthi15@gmail.com	Student	Holy Cross College, Agantala	Suradipa Sthi; 28/10/25
23	Anghajit Debbarth	anghajitdebbarth07@gmail.com	Student	Holy Cross College, Agantala	Anghajit Debbarth 28/10/25
24	Aberk Bhawnik	aberkbhawnik98@gmail.com	Student	Holy Cross college Agantala	Aberk Bhawnik 28/10/25
25	Sumeswar Bhattacharjee	bhattacharjee.sumeswar@gmail.com	Student	Holy cross college Agantala	Sumeswar Bhattacharjee 28/10/25
26	Thomas Debbarma	thomasdebbarma83@gmail.com	Student	Holy Cross College Agantala	Thomas Debbarma 28/10/25
27	Kaberi Debbarma	kaberidebbarma605@gmail.com	Student	Holy Cross College, Agantala	Kaberi Debbarma 28/10/25
28	Simran Paul	simranpaul231@gmail.com	Student	Holy Cross College, Agantala	Simran Paul 28/10/25
29	Sandipa Das	sandipadas39451@gmail.com	Student	Holy Cross College, Agantala	Sandipa Das 28/10/25
30	Ananya Das	anrit0381@gmail.com	Student	Holy cross college Agantala	Ananya Das 28/10/25
31	Tithi Banik	chandranbanik456@gmail.com	Student	Holy cross college Agantala	Tithi Banik 28.10.25
32	Amrit Bhowmik	banasthreebhowmik7@gmail.com	Student	Holy Cross College Agantala	Amrit Bhowmik 28/10/2025
33	Bukhuru Debbarma	bukhuruidebbarma@gmail.com	Student	Holy cross college agantala	Bukhuru Debbarma 28/10/2025
34	Ayisha Chakma	ayishachakma9@gmail.com	Student	Holy cross college Agantala	Ayisha Chakma 28/10/25
35	Sakthong Debbarma	sakthongd2@gmail.com	Student	Holy cross college Agantala	Sakthong Debbarma 28/10/25
36	Tarichang Debbarma	debbarma-tarichang@gmail.com	Student	Holy cross College Agantala	Tarichang Debbarma 28/10/25
37	Lily Debbarma	lilydebbarma397@gmail.com	Student	Holy cross college agantala	Lily Debbarma 28/10/25
38	Isiri Debbarma	isiridebbarma7@gmail.com	Student	Holy cross College, agantala	Isiri Debbarma 28/10/25
39	Anima Debbarma	debbarmaanima184@gmail.com	Student	Holy cross college, agantala	Anima Debbarma 28/10/25
40	Ruli Debbarma	rulidebbarma449@gmail.com	Student	Holy cross college, agantala	Ruli Debbarma 28/10/25
41	Abhishek Debbarma	Abdebbarma1982@gmail.com	Student	Holy cross college, Agantala	Abhishek Debbarma 28/10/25
42	Newton Tripura	newtontripura521@gmail.com	Student	Holy cross college agantala	Newton Tripura 28/10/25

Sl. No.	Name of participant	e-mail ID	Designation	Institute	Signature
43	Subhajit Paul	Subhajit073@gmail.com	Student	Holy cross College	Subhajit Paul
45	Somnath Dey	nupadity779@gmail.com	Student	Holy cross college	Somnath Dey
46	Swarnendu Chandra	swarnenduchandra0715@gmail.com	Student	Holy cross College	Swarnendu Chandra
47	Sommedha Das	nilaushiliya200@gmail.com	Student	Holy cross college	Sommedha Das.
48	Swikriti Majumder	majumder Swikriti@gmail.com	Student	Holy cross college	Swikriti Majumder
49	Josiah Ruff	JOSIAH0025@gmail.com	Asst Prof	"	Josiah Ruff
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3 DAYS' WORKSHOP ON RESEARCH METHODOLOGY

Organized by-
Department of Human Physiology
in collaboration with Research Facilitation Team, HCCA
28th Oct. to 30th October
Day - 2 (29/10/2025)

Participant's list

Sl. No.	Name of participant	e-mail ID	Designation	Institute	Signature
1	Biswajit Deb-arma	ta.12345.db@gmail.com	Botany	HCC	Biswajit Deb-arma
2	Swikriti Majumder	majumderswikriti@gmail.com	Human Physiology	Holy Cross College	Swikriti Majumder
3	Somraj Dey	rupallidey779@gmail.com	Human Physiology	Holy Cross College	Somraj Dey
4	Swapnendu Bhattacharya	swapnendubhattacharya@gmail.com	Human Physiology	Holy Cross College	Swapnendu Bhattacharya
5	Hridhiman Dey	deyhridhiman2007@gmail.com	Human Physiology	Holy Cross College	Hridhiman Dey
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8	Purba Debnath	debnathpurba@gmail.com	Human Physiology	Holy Cross College	Purba Debnath
9	Hiya Saha	sahasriya2006@gmail.com	Human Physiology	Holy Cross College	Hiya Saha
10	Biyoysree Saha	biyoysreesaha@gmail.com	Human Physiology	Holy Cross College	Biyoysree Saha
11	Randipa Das	randipadas2403@gmail.com	Human Physiology	Holy Cross College	Randipa Das
12	Sumuswar Bhattacharjee	bhattacharjeesumuswar@gmail.com	Human Physiology	Holy Cross College	Sumuswar Bhattacharjee
13	Ananya Das	amrit0381@gmail.com	Human Physiology	Holy Cross College	Ananya Das
14	Tithi Banik	chandambanik456@gmail.com	Human Physiology	Holy Cross College	Tithi Banik
15	Anghajit Debnath	anghajitdebnath07@gmail.com	Human Physiology	Holy Cross College	Anghajit Debnath
16	Piyali Saha	piyalisaha8528@gmail.com	Human Physiology	Holy Cross College	Piyali Saha
17	Subhrajit Paul	Subhrajit1173@gmail.com	H. Phy	Holy Cross College	Subhrajit Paul
18	Subhprati Bhattacharya	subhpratiimbhattacharya6503@gmail.com	H. Phy	Holy Cross College	Subhprati Bhattacharya
19	Somedha Das	nilakshitiya2005@gmail.com	H. Phy	Holy Cross College	Somedha Das

Sl. No.	Name of participant	e-mail ID	Designation	Institute	Signature
20	Bipsiya Chakraborty	bipsiyachakraborty@gmail.com	H. Physiology	HCC	Bipsiya Chakraborty
21	Snehanila Das	snehaniladas@gmail.com	H. Physiology	HCC	Snehanila Das
22	Bidipta Banik	bidiptabanik@gmail.com	H. Physiology	HCC	Bidipta Banik
23	Snehanila Roy	snehanilaroy@gmail.com	H. Physiology	HCC	Snehanila Roy
24	Ambalika Singha Roy	ambalikasingharoya@gmail.com	H. Physiology	HCC	Ambalika Singha Roy
25	Purba Dey	deypurba01@gmail.com	H. Physiology	HCC	Purba Dey
26	Anisha Debbarma	anishadebbarma772@gmail.com	H. Phy	HCC	Anisha Debbarma
27	Barsha Debbarma	BarshaDB25@icloud.com	H. phy	HCC	Barsha Debbarma
28	Abhishek Debbarma	Abdebbbarma1982@gmail.com	H. phy	HCC	Abhishek Debbarma
29	Subhasjit Debbarma	debbarman.subha21@gmail.com	H. phy (Student)	HCC	Subhasjit Debbarma
30	Jui Das	hetnadettadas123@gmail.com	Student (H. Phy)	HCC	Jui Das
31	Kairabi Debbarman	kairabi06@gmail.com	Student (H. Phy)	HCC	Kairabi Debbarman
32	Maituli Debbarth	maitulidebbarth2004@gmail.com	Student (H. Phy)	HCC	Maituli D.
33	Swastipa Shil	Swastipashil75@gmail.com	Student (Human Physiology)	HCC	Swastipa Shil
34	Ayisha Chakma	ayishachakma9@gmail.com	Student (H. Phy)	HCC	Ayisha Chakma
35	Simran Paul	simranpaul231@gmail.com	Student (H. Phy)	HCC	Simran Paul
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3 DAYS' WORKSHOP ON RESEARCH METHODOLOGY

Organized by-
Department of Human Physiology
in collaboration with Research Facilitation Team, HCCA
28th Oct. to 30th October

Day -3 Participant's list

Sl. No.	Name of participant	e-mail ID	Designation	Institute	Signature
1	Jui Das	ratnadattadas123@gmail.com	Student	ICFAI Univ.	Jui Das
2	Subhajit D/Barma	debbarmansubhajit21@gmail.com	Student	ICFAI Univ.	Subhajit Debbarma.
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4	Positica Roychowdhury	roychowdhurypositica@gmail.com	Student	Holy cross college	Positica
5	Purba Dey	dey.purba01@gmail.com	Student	Holy Cross College	Purba Dey
6	Swikruti Majumder	majumderswikruti@gmail.com	Student	Holy cross college	Swikruti Majumder.
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9	Ruli Debbarma	rulidebbarma449@gmail.com	Student	Holy cross college	Ruli Debbarma
10	Esha Debbarma	debbarmaesha50@gmail.com	Student	Holy cross College	Esha Debbarma
11	Anima Debbarma	debbarmaanima184@gmail.com	Student	Holy cross college	Anima Debbarma
12	Thomas Debbarma	thomasdebbarma83@gmail.com	Student	Holy cross College	Thomas Debbarma
13	Abhishek Debbarma	Abdebbarma1992@gmail.com	Student	Holy cross college	Abhishek Debbarma
14	Kaberi Debbarma	kaberidebbarma605@gmail.com	Student	Holy cross college, Agartala	Kaberi Debbarma
15	Isiri Debbarma	isiridebbarma@gmail.com	Student	Holy cross college, Agartala	Isiri Debbarma
16	Lily Debbarma	lilydebbarma397@gmail.com	Student	Holy cross college Agartala	Lily Debbarma
17	Lisha Debbarma	Lishadebbarma499@gmail.com	Student	Holy Cross College Agartala	Lisha Debbarma
18	Shelina Debbarma	Shelinadebbarma47@gmail.com	Student	Holy cross college Agartala	Shelina Debbarma.
19	Newton Tripathy	newtontripathy521@gmail.com	Student	Holy cross College Agartala	Newton Tripathy

Sl. No.	Name of participant	e-mail ID	Designation	Institute	Signature
20	Dr. Runkhi Nath Sen	runkhinath2010@gmail.com	Asst. Prof.	Holy Cross College	Runkhi
21	Dr. Debanneel Lodh	debanneel09@gmail.com	Asst. Professor	Holy Cross College	Debn
22	Dr. Sudepta Sinha	sudepta.sinha15@gmail.com	Asst. Professor	Holy Cross College	Sinha
23	Dr. Sampa Ghosh	ghoshsampa1234@gmail.com	Asst. Professor	Holy Cross College	Sampa
24	Dr. Parulata Ray Chaudhary	parulata19@gmail.com	Asst. Prof.	Holy Cross College	Parulata
25	Piyashi Das	piyashi03@gmail.com	Asst. Professor	Holy Cross College	Piyashi
26	Amrit Bhowmik	banarshreebhowmik7@gmail.com	Student	Holy Cross College	Amrit Bhowmik
27	Aberk Bhowmik	aberkbhowmik98@gmail.com	Student	Holy Cross College	Aberk Bhowmik
28	Purbha Debnath	debntHpurbha@gmail.com	Student	Holy Cross College	Purbha Debnath
29	Tamanna Bhowmik	tamanna.bhowmik817@gmail.com	Student	Holy Cross College	Tamanna Bhowmik
30	Bijoyseel Saha	bijoyseel.saha@gmail.com	Student	Holy Cross College	Bijoyseel Saha
31	Tapas Kr. Sharma	tapas.sharma.tks69@gmail.com	Asst. Professor	Holy Cross College	Tapas 30/10/25
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35	Bukhuroi Debbarna	bukhuroidebbarna@gmail.com	Student	Holy Cross College	Bukhuroi Debbarna
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Holy Cross College, Agartala

Department of Human Physiology

Report on Three Days Workshop on "Research Methodology"

Date of Event: 28th-30th October 2025

Place: Holy Cross College, Jubatara, Tripura (W)

Time: 01:30 PM

Venue: Seminar Hall G-8

A Three Days Workshop on "Research Methodology" was successfully organized by the Department of Human Physiology, Holy Cross College, Agartala, in collaboration with the Research Facilitation Team, HCCA, from 28th October to 30th October, 2025. The programme was conducted daily from 01:30 PM to 03:00 PM at the Seminar Hall (G-8) of the college. The workshop aimed to strengthen research aptitude and methodological understanding among students and faculty members.

The workshop featured expert lectures by Dr. Amitava Sharma, Assistant Professor, ICFAI University, Tripura, and Dr. Partha Das, Assistant Professor, College of Agriculture, Tripura. The resource persons elaborated on fundamental concepts of research methodology, including identification of research problems, research design, data collection techniques, ethical considerations in research, data analysis, and scientific writing. The sessions were interactive and academically enriching.

On Day 1 (28th October 2025), the workshop commenced with an introductory session on the basics of research methodology and formulation of research problems, with 49 participants attending. Day 2 (29th October 2025) focused on research design, sampling methods, and ethical issues in research, and was attended by 35 participants. The final day (30th October 2025) emphasized data analysis, interpretation of results, and scientific writing and publication, recording the participation of 62 participants.

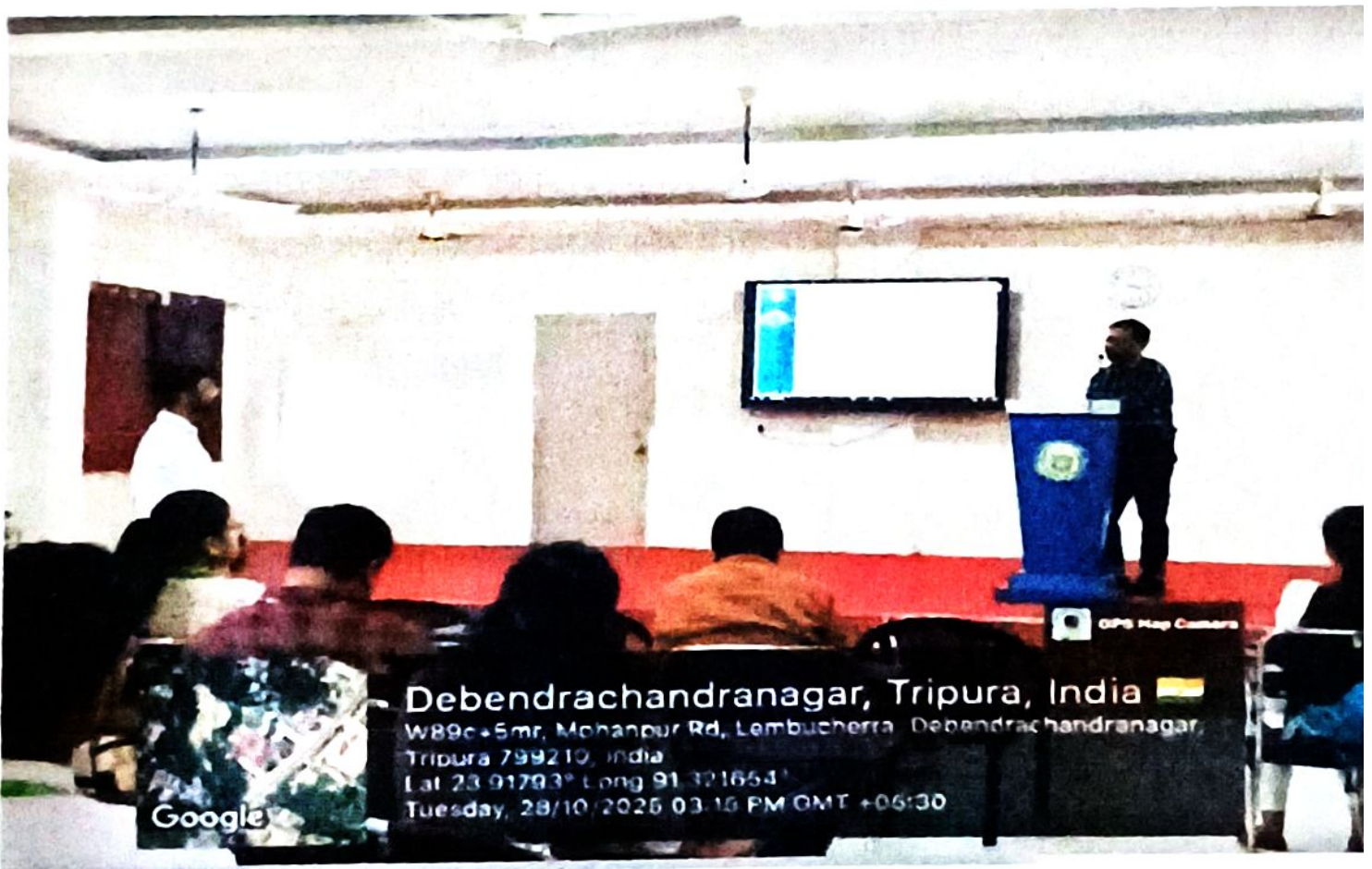
The workshop received enthusiastic participation and positive feedback from the attendees. Participants reported improved understanding of research concepts and increased motivation to undertake research activities, thereby contributing to the development of a research-oriented academic environment within the institution.

In conclusion, the Three Days Workshop on "Research Methodology" was conducted successfully and achieved its intended objectives. The programme proved to be academically beneficial and aligned with the institutional goal of promoting quality research and academic excellence.

The report is prepared by

Mr. Kanak Chakraborty
Assistant professor, Department of Human Physiology

Asish 28/10/25
HEAD
Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA





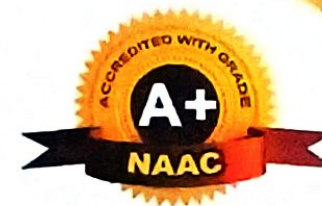
Few glimpses of the research methodology workshop

Ashir
30/10/25



HOLY CROSS COLLEGE, AGARTALA

Accredited by NAAC with 'A+' Grade (Cycle:02)



Certificate of Participation

This is to certify that

Jui Das

ICFAI University, Tripura

has participated in the

3 DAYS WORKSHOP ON RESEARCH METHODOLOGY

Organized by Department of Human Physiology
in collaboration with Research Facilitation Team, HCCA

Date: 28th Oct. to 30th October, 2025

Dr. Sandeep Roy Sarkar

Convener

Asst. Professor H. Physiology, HCC

Dr. Fr. Benny K John, CSC

Principal

Holy Cross College



HOLY CROSS COLLEGE, AGARTALA

Accredited by NAAC with 'A+' Grade (Cycle:02)



Certificate of Participation

This is to certify that

Anisha Debbarma

Holy Cross College, Agartala

has participated in the

3 DAYS WORKSHOP ON RESEARCH METHODOLOGY

Organized by Department of Human Physiology
in collaboration with Research Facilitation Team, HCCA

Date: 28th Oct. to 30th October, 2025

Dr. Sandeep Roy Sarkar

Convener

Asst. Professor II. Physiology, HCC

Dr. Fr. Benny K John, CSC

Principal

Holy Cross College